

Studio timetable

Monday

7.30 – 8.30am *BFW
9.30 – 10.30am
11.00 – 12.00pm
12.30-1.15pm (Express)
6.30 – 7.30pm
7.30 – 8.30pm BBW*

*BS - Barreworks Fusion WorkOut

*BBW - Barreworks Ballet WorkOut

Tuesday

7.30 – 8.30am
9.30 – 10.30am
11.00 – 12pm *BFW
12.30 – 1.15pm
(Express)
7.00 – 8.00pm

*BS - Barreworks Fusion
WorkOut

Wednesday

7.30 – 8.30am
9.30 – 10.30am
11.00 – 12.00pm
12.30 - 1.30pm *BBW
6.30 – 7.30pm
7.30 – 8.30pm *BFW

*BBW - Barreworks Ballet WorkOut

*BS - Barreworks Fusion WorkOut

Thursday

7.30 – 8.30am
9.30 – 10.30am
11-12pm *BFW
12.30 – 1.30pm
7.00 – 8.00pm

*BS - Barreworks Fusion WorkOut

Friday

9.30 – 10.30am
11.00 – 12.00pm
12.30 – 1.30pm *BBW
1.30 – 2.30pm

*BBW - Barreworks Ballet
WorkOut

Saturday

8.30 – 9.30am
9.30 – 10.30am
10.30 – 11.45am
(Advanced 75 min class)
12 - 1pm *BBW

*BBW - Barreworks Ballet
WorkOut



Sunday

9.30 – 10.30am
11.00-12.00pm BBW*
12.00-1.00pm

*BBW - Barreworks Ballet
WorkOut

5.00pm – 6.30pm

Workshop/technique class, a different class
format each week

(Members only)



Prices

New Client Introductory Month Pass **£99**

Trial class	£15
Single class	£25 (valid for 7 days from purchase)
5 classes	£110 (valid for 3 months from purchase)
10 classes	£190 (valid for 3 months from purchase)
20 classes	£340 (valid for 6 months from purchase)
30 classes	£450 (valid for 9 months from purchase)

Unlimited classes **£189** per month

1 week pass **£60**

1 month pass **£220**

All prices include VAT

* First purchase only, cannot be used with Trial Class offer

To book your class, please visit www.barreworks.co.uk